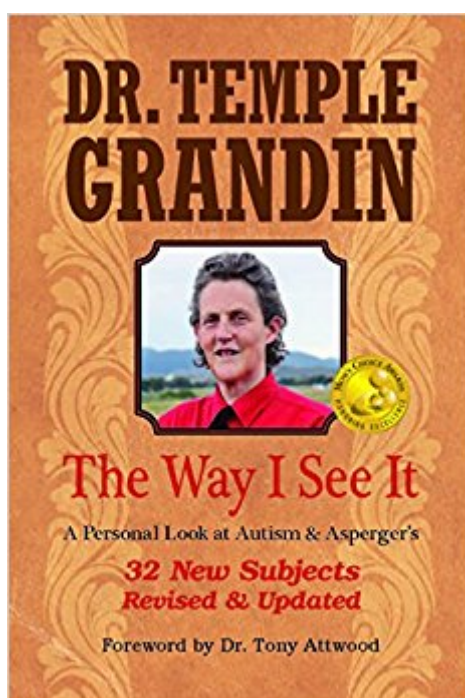


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# The Way I See It: A Personal Look At Autism & Asperger's: 32 New Subject Revised & Expanded



## Synopsis

Dr. Temple Grandin gets to the REAL issues of autism, the ones parents, teachers, and individuals on the spectrum face every day. Temple offers helpful dos and don'ts, practical strategies, and try-it-now tips, all based on her insider perspective and a great deal of research. These are just some of the specific topics she delves into: How and Why People with Autism Think Differently Economical Early Intervention Programs that Work How Sensory Sensitivities Affect Learning Behaviors Caused by a Disability vs. Just Bad Behaviors Teaching People with Autism to Live in an Unpredictable World Alternative Medicine vs. Conventional Medicine Employment Ideas for Adults with Autism This revised and expanded edition of *The Way I See It* contains 32 new subjects based on the most current autism research, including: The Role of Genetics and Environmental Factors in Causing Autism Understanding the Mind of a Nonverbal Person with Autism Finding Mentors and Appropriate Colleges Teachable Moments Give the Child Time to Respond And more!

## Book Information

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## Customer Reviews

This revised and expanded edition of this popular and useful book contains revisions based on the most current autism research, as well as 12 additional articles! --This text refers to the Hardcover edition.

Temple Grandin is an international lecturer on autism, a professor of animal science at Colorado State University, a best-selling and award-winning author, an autism activist, a consultant to the

livestock industry on animal behavior, and an engineer. She also created the "hug box," a device designed to calm those on the autism spectrum. The subject of an award-winning, 2010 biographical film, Temple Grandin was also listed in the TIME 100 list of the one hundred most influential people in the world, in the "Heroes" category.

Dr. Temple Grandin is my hero! Her book has provided so much insight for me with my own son that is an Aspie. Her "tell it like it is" writing style leaves no questions unanswered for those of us who are affected by autism. The fact that she is also an autistic individual shows how there are ways of becoming outstanding individuals even with autism. She addresses everything from education to medication. I personally feel that ALL EDUCATORS should read this book to realize that even though Aspie's are high functioning, they do have issues that regular wired individuals can not understand. I say that from the stand point that the free public education system seems have no clue what autism is; which is shown from the tests they use to evaluate for autism.\*\*I hope that I have the opportunity to see Dr. Grandin speak. She has changed my relationship with my son forever! I was actually able to "feel" the things that he feels every day. Thank you!

After taking on my autistic nephew after the death of my dear sister in law, this book has been almost like a bible. It helps me to understand, comprehend, and act accordingly to the many needs my sweet dear nephew has. Things that others may view as "ticks" are in reality a sensory issue. This book brings to light many actions and sensory issues I never even realized my nephew had. The knowledge gained from this book and its references has helped me fill my nephews life with things that are appropriate and help keep his mind learning and active. I am hoping within the next few years my nephew will possibly be able to attend a college or university that has the diverse teachings required of many autistic children and young adults. I highly recommend this book so much that prior to returning it to my local library, I ordered this copy from so I could have all the references at my fingertips. Excellent book!

This is a series of articles written by Temple Grandin for the Autism Asperger's Digest. As a result, it is somewhat choppy, and has some repetition of material, usually in the beginning of the article about her childhood. The good part about it being all these articles is you can pick it up, read an article, put it down and come back to it later without having to reconnect with an ongoing story. The articles are grouped by topic: \* Diagnosis and early intervention \* Teaching and education \* Sensory issues \* Understanding nonverbal autism \* Behavior issues \* Social functioning \* Medications and

biomedical therapy\* Cognitive and brain research\* Adult issues and employmentOne of my favorite articles was "Different Types of Thinking in Autism" Here she talks about:\* Visual thinkersShe is a visual thinker and calls it "thinking in pictures." These children like art, and things they can touch. Math needs to be taught with things they can touch and visualize. If they are obsessed with something like drawing airplanes, encourage them to draw things that surround an airplane like hangars. Speech will be harder for them because they have to translate the pictures into words.\* Music and math thinkersI was intrigued by this because I've had a glimpse of the relationship between math and music, but then it skitters away. She explains that these children like and see patterns and they find them in both math and music. They may have great talents in these areas.\* Verbal logic thinkersThey like lists, may memorize events in history. They like geography, weather, sports statistics. They are also good at learning foreign languages. Again she suggests getting the child to broaden their scope of interest by starting with their interest and inching out.One of the themes that kept coming out is to challenge the child. Help her branch out. Don't just let her sit there and stim all day. She believes that building their self-esteem appropriately is important. When she was growing up, she received praise when she did something noteworthy like making a clay horse in the third grade. She did not get praise for behaving at dinner time, and she's afraid that in today's world children get too much praise, which will naturally fall off as they get older. She also comments that when she was a child, the diagnosis was gifted, not disabled. She believes that attitude strongly affects how we perceive children on the spectrum.She's in her sixties now, takes just one medication a day, and is overall healthy. She travels all over the world and is happy.

This is a great book for anyone to read especially parents and grandparents of a child with autism. My grandchild has autism and now I understand why he does certain things and what he is thinking and how much he hears and understands what people are saying, even though you might think he is just sitting there being alone. Autistic children are really smart, they just need a chance to show you. Listen to them, understand them and help them in any way you can. Let them know you are there for them!

The Way I See It: A Personal Look at Autism and Asperger's is a collection of Dr. Temple Grandin's articles written for the Autism Asperger's Digest magazine. Dr. Grandin can give us all a unique look into the thoughts and feelings of people with these syndromes because she is a high-functioning "autist" (a word she has coined). She covers subjects such as diagnosis and early intervention, sensory issues, understanding nonverbal autism, all the way through to the very

fascinating "A Look Inside the Visual-Thinking Brain!" She is fascinating and her subject is fascinating. I highly recommend this book.

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